



# COLLECTIVE ACTION

## 'Food for Thought'

### 1 How to grow your own veges

Rachel Knight - The Kitchen Garden ([www.thekitchengarden.co.nz](http://www.thekitchengarden.co.nz))

**Wednesday 8 October** 6-8pm - Southern Cross Bar

**Sunday 12 October** 12-3pm - Island Bay Community Gardens

### 2 A simple way to support local producers

Colin Walker - Wairarapa Growing Company ([www.simplygoodfood.co.nz](http://www.simplygoodfood.co.nz))

**Wednesday 3 December** 6-8pm - Southern Cross Bar

**Saturday 8 December** 12-6pm - Simply Good Food farms - Wairarapa

### 3 Be part of a supermarket shopping challenge

Speaker - TBC

**Wednesday 28 January** 6-8pm - Southern Cross Bar

**Saturday 31 January** 12-6pm - Meet at Southern Cross Bar for directions

RSVP to [42collective@gmail.com](mailto:42collective@gmail.com) and for more information check out the 'projects' page on our website: [www.42collective.org.nz](http://www.42collective.org.nz)

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The 42collective is a not-for-profit incorporated society based in Wellington. It aims to raise awareness of the social and environmental effects of business practices and personal lifestyle choices, and to promote appropriate and practical responses.